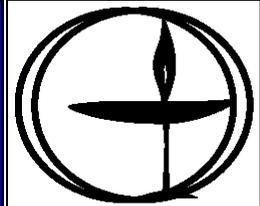


UU Update

March, 2010

Volume 14, Issue 3



UNITARIAN
UNIVERSALIST
FELLOWSHIP
OF DOOR COUNTY

The living tradition which we share draws from many sources. One is Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves.

March Sunday Services

March 7th - Estella Lauter HONORING OUR DIFFERENCES

On International Women's Day, it seems appropriate to reflect on what women bring to the collective table from their (our) experiences and the cultures they (we) have created, usually within patriarchal frameworks.

Estella Lauter taught several Women's Studies courses throughout her career in the UW System, and her interest has continued in retirement, expanding to other cultures beyond the U.S. Last year, she spoke about the important role that micro loans to women have played in worldwide economic redevelopment. This year, she will focus on the structures that women themselves have created to further humanitarian goals.

Music: Kärin and Anya Kopischke, piano

Service Leader: Chuck Lauter

March 14th - Louis Smolak MAIMONIDES AND OMAR KHAYYAM

The legacy and impact of two great philosophers on our lives. Moses Maimonides was raised in Egypt and later modified the Hebrew calendar. Omar Khayyam was a mathematician, philosopher and poet and graced the court in Baghdad.

Louis Smolak was born in Kogidoff, Imperial Russia, in 1909. He is our most distinguished centenarian. Louis's father, Paul, came to the USA in 1910. Louis

and his mother followed in 1914 to join him at their new home in Chicago. Louis was an excellent student/athlete at a prep-school in Chicago and went on to graduate with distinction from the Art Institute in Chicago. His sculptures have won many awards and are displayed at the Chicago Art Museum and other large galleries. As a scholar of the classics and as a poet, he will share his thoughts on Maimonides of Cordoba and Omar Khayyam of Baghdad.

Music: Dottie Gerrits, flute;
David Hansell, Bassoon;
Kärin Kopischke, piano
Service Leader: Phil Hansotia

March 21st - Dr. Fred Heide TELL YOUR PROBLEMS TO GO TO "H"

For the relief of psychological problems, the approach that has earned the most scientific backing is cognitive-behavioral therapy, or CBT. Thousands of studies demonstrate CBT's power to reduce stress, depression, and other common concerns. In this talk, Dr. Heide will present a highly simplified version of CBT's basic methods, all starting with the letter "H".

Frederick "Doc" Heide is on sabbatical this year from teaching at the California School of Professional Psychology at Alliant International University. His psychological writings have appeared in the Journal of Consulting and Clinical Psychology, Behavior Research and Therapy, and Psychology Today. He is best known locally as co-founder of American Folklore Theatre and co-author of musi-

cal comedies such as Guys & Does and Packer Fans From Outer Space.

Music: Kärin Kopischke piano,
Cyndy Stiehl mezzo-soprano
and UU Choir

Service Leader: Alan Kopischke

March 28th - Ralph Bronner ADVANCING ECONOMIC JUSTICE—Justice Sunday

Ralph will tell the story of how Dr. Bronner's Magic Soap Company, a socially responsible business, embodies today's theme. The company pays its workers a starting salary of \$30K/year, provides each a \$3K-\$30K annual bonus, contributes an amount equal to 15% of salary to a retirement account, covers all health insurance costs, including deductibles, and still turns a profit, of which 25-50% is contributed to charity. We will hear the philosophy behind this remarkable business and hear, through Ralph, how soap could save the world!

Ralph Bronner, the son of the founder and developer of Dr. Bronner's Magic Soap, taught 7th and 8th graders in the inner city schools of Milwaukee for 32 years. Since retiring in 1991 he has traveled the country as a spokesperson for the company, extolling the virtues of the soap, the company and the philosophy behind it.

Music: Kärin and Anya Kopischke, piano

Service Leaders: Social Responsibility Committee

Visit our website: uufdc.org. Services are Sundays at 10:00 A.M. at 10431 Water Street (Hwy 42) north of Ephraim. Copies of the Sunday Sermons are available on CD. Contact Al Wittenkeller, 839-2800 or alnjudv2@gmail.com

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President's Column

By Cynthia Stiehl

Your Governing Board met on February 9 with one major objective; to decide the future of our Koessl Lane building as a rental property. The Land Trust has been renting it for almost a year and we hoped to entertain an offer from the Northeast Wisconsin Technical College hoping for increased revenue. About three days before our meeting NWTC informed us that they would not be making an offer to use our building. While this was a surprise we knew that we could focus on our relationship with the Land Trust and, hopefully, make that financially better for UUFDC. We have communicated with them and proposals are forthcoming. I'll keep you informed.

We also worked on another aspect of our Direction Setting sessions: hiring an administrator. It was mentioned that UUFDC is embarking on some serious programming that will take hours of extra time for the leadership. For the Fellowship to continue to be well run, we will need experienced help with tasks that take time and repetition. Toward that end we have taken a couple of steps. First, the Board members have written detailed descriptions of their work highlighting specific tasks that might be assisted or completely taken over by a paid administrator. Second, these tasks and their hours have been tabulated so that we can know how many hours per week we would need to have an administrator. The Executive Committee, chaired by Valerie Murre-Schlick, will take the next step and write a job description.

Our last subject was The Emerson Cultural Series. We are looking forward to Kate Boyd's performance in June, as scheduled. After that, the Board agreed to suspend the series for a time until there is more interest and leadership.

Dollars and Sense

by Juliana Neuman, Treasurer

During December and January, capital campaign pledge payments totaling over \$50,000 were received. At its February meeting UUFDC's Board authorized a \$40,000 payment on our mortgage loan, preferring to hold back about \$10,000 in case of unexpected problems with our facilities. The loan balance is now \$290,000. Once the final capital pledges have been received we'll have about \$25,000 on hand. Once we have sold the Koessl building we'll be back where we started in 2008—with a mortgage of about \$62,000! The planning done by Al Johnson and others in 2007 was sound....we just didn't know how bad the market would get. MANY THANKS to the 101 individuals who contributed to the campaign over a three-year period!

Having the Land Trust as a tenant at the Koessl location this year relieved us of certain fixed expenses such as utilities and brought in a small amount of rent (\$175/month). The Land Trust staff and Board have been very happy with the space and have agreed to increase the rent beginning May 1st. While still a modest rate for the amount of square footage, the increased amount should cover most of our expenses for that building except for mortgage payments. [Expenses include property taxes, insurance, upkeep of the grounds, and building maintenance.]

Donations

Two Clearing classes met at UUFDC during January and February and each participant paid a "facilities fee." Instructor Terry Goode added to that income with a donation in appreciation of the space we provided.

AED Training

There will be another one-day session for CPR-AED (automated external defibrillator) training offered for anyone interested in becoming certified in CPR and learning the use of an AED. Last June and July, eleven Fellowship members and friends took the class. For those of you who were unable to attend last summer, the one day class will be held on **Friday, April 30, 2010** at the Fish Creek YMCA from 10:30 a.m. until 4:00 p.m. Mary Heiman will again teach the American Red Cross course. There is no charge for the course. There will be a sign-up sheet located on the long table in the entry way at the Fellowship. If there are any questions, please feel free to call either Carrie Link at 839-9913 or Phil Hansotia at 854-9360.

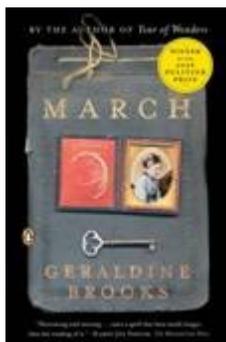
nary novel woven out of the lore of American history.

From Louisa May Alcott's beloved classic *Little Women*, Geraldine Brooks has taken the character of the absent father, March, who has gone off to war leaving his wife and daughters. To evoke him, Brooks turned to the journals and letters of Bronson Alcott, Louisa May's father, a friend and confidant of Ralph Waldo Emerson and Henry David Thoreau.

In Brooks' telling, March emerges as an idealistic chaplain in the little known backwaters of a war that will test his faith in himself and in the Union cause as he learns that his side, too, is capable of acts of barbarism and racism. As he recovers from a near mortal illness, he must reassemble his shattered mind and body, and find a way to reconnect with a wife and daughters who have no idea of the ordeals he has been through.

Hansotia was born and educated in India. In school, he developed an interest in English literature and poetry that has lasted. After medical school he moved to the U.S. and practiced neurology at the Marshfield Clinic for 30 years. In the 1990's Phil joined a poetry group in Marshfield and rekindled his interest in poetry. After moving to Door County in 2004, he joined the Wallace group of poets and has been active on the poetry scene since then. His poems have been published in *the Wisconsin Poets calendar*, *Peninsula Pulse*, *Free Verse*, *Wisconsin Medical Journal*, *Decorah Magazine*, and in a chap book.

The Dickinson Poetry Series provides a forum for poets to share their works. Following the featured poet, audience members are invited to read their poetry. The series is named for Emily Dickinson, a prolific poet who held a liberal religious philosophy. The monthly series is free and open to the public at the UU Fellowship.



UU Book Club selection

Geraldine Brooks' Pulitzer Prize winning novel *March* is the UU Book Club selection for March 2010. The discussion will be

at Helene Di Iulio's home on Lost Lane, Ellison Bay, on **Wednesday, March 3 from 1 - 3 PM**. Please notify Helene at 854-2312 or helenedi@live.com whether or not you plan to attend.

From the vibrant intellectual world of New England and the sensuous antebellum South, *March* adds adult resonance to Alcott's optimistic children's tale and portrays the moral complexity of war, a marriage tested by the demands of extreme idealism, and by the temptations of a powerful forbidden attraction."

at Helene Di Iulio's home on Lost Lane, Ellison Bay, on **Wednesday, March 3 from 1 - 3 PM**. Please notify Helene at 854-2312 or helenedi@live.com whether or not you plan to attend.

"As the North reels under a series of unexpected defeats during the dark first year of the American Civil War, one man leaves behind his family to aid the Union cause. His experiences will utterly change his marriage and challenge his most ardently held beliefs. Riveting and elegant as it is meticulously researched, *March* is an extraordi-



Hansotia Featured Poet

Phil Hansotia will share his poetry in the next Dickinson Series event **Wednesday, March 10th at 7PM**, a reading that was postponed in December due to a snowstorm.

CARING COMMITTEE

The Caring Committee is looking for a northern Door chairperson to help coordinate visits, rides, and food for members in need of such support. Helene Di Iulio will be gone for two weeks in March and would like to have someone take over for her permanently. Judy Wittenkeller handles the southern part of the county and Leonette Tackenberg makes hospital visits. However, Judy will be gone for the entire month of March so that area will need temporary coverage too. Judy will continue coordinating on her return in April. The Caring Committee is under the umbrella of Dottie Gerrits, as Member Services Chair. Please call Dottie at 854-2964, or email her at gerri2732@gmail.com to offer your services.



SRC Sponsors Justice Sunday
By Chuck Lauter

On March 28 the Fellowship will again celebrate the Unitarian Universalist Service Committee's (UUSC) Justice Sunday, sponsored by the Social Responsibility Committee. The focus for this activity is "Advancing Economic Justice." This is an important human rights issue and we can learn more about it and be prepared to act on it. Specific concerns to be addressed are expanding workers rights and working to eliminate poverty by increasing the minimum wage to \$10 per hour in 2010. Material from UUSC states, "The value of the minimum wage is lower now in real dollars than 1968, when Martin Luther King was assassinated while fighting for living wages for sanitation workers. The current rate of \$7.25 is worth less than when Eisenhower was president. ... Raising the minimum wage is one of the most effective ways to combat poverty and support human rights of women, children, and people of color in the US. A minimum wage of at least \$10 will make up lost ground in buying power and bring us a step closer to ensuring all workers are paid a living wage."

In keeping with this theme, we have invited Ralph Bronner, Vice-President and chief spokesman for Dr. Bronner's Magical Soap Co., to speak about how that company pays its workers a starting salary of \$30K/year, provides annual bonuses of \$3K-\$21K to all workers and still turns a profit, 25-50% of which is given to charity. This is a remarkable story! As a follow-up to Justice Sunday, SRC will sponsor a panel in May addressing the many impacts of increasing the minimum wage. We may also use some of the "Movies That Matter" to highlight this need.

In 2008 when our Fellowship took "Economic Injustice" (the mirror of the current theme) as our annual theme we believed workers rights and minimum wage were issues too large for us and so we focused on workforce housing and the need for public transportation locally. Members of SRC still serve on county-wide task forces on these topics. But perhaps NOW is the time to work on these larger issues. We believe so!

PFLAG

PFLAG (Parents, Family and Friends of Lesbians and Gays) currently meets once a month at Hope Church in Sturgeon Bay. They are open to anyone who has an interest in issues of importance to gays, lesbians, bisexuals, transgender people and their families and friends. We would like to offer space here at UUFDC for a Northern Door group and would like to see if there is interest in having a group here.



Please contact either Sandy Brown at 743-8146 Sbrown@itol.com or Valerie Murre-Schlick at 839-5008 vmurre@fishcreekkites.com

For more information go to www.pflagdoorcounty.org.

FAIR TRADE COFFEE AND HAITI
By Meg Vermillion



We have an opportunity to continue our support for Haiti. Soon our fair trade cart will be offering their coffee. It will come directly from a Haitian cooperative rather than through Equal Exchange. The coffee is shade grown without the use of chemicals. The income generated gives growers a fair income and a valuable project is supported.

A connection has been made with

Gigi Pomerantz of Milwaukee after hearing her on public radio. Gigi initiated the Youth Haiti project 3 years ago. As 50% of the population is under the age of 18, youth are being trained to build compost toilets and develop sustainable gardens. Improved sanitation and the reintroduction of agriculture after massive clear cutting have been widely reported as critical needs in Haiti.

The coffee will sell for \$10 a bag. The higher price will support both the growers and Youth Haiti. It will not replace Equal Exchange coffee but will be another choice for you. If the coffee sells, it will continue to be offered. Watch for it soon at the coffee cart.

SRC Meat-less/Dairy-less Potluck
By Lu Schilling

The Social Responsibility Committee will host our second potluck in support of environmentally sustainable eating **Friday March 5th at 6:00 PM** at the Fellowship. Please sign up on the easel in the lobby so we will know how many tables and chairs we'll need and how much coffee to brew. Bring your own place setting, any other beverage you wish and a dish to share. There is an assortment of recipes hanging on the easel. Take one, or visit www.goveg.com for more ideas. If you prefer to forego cooking, we are asking for someone to set up and someone to clean up. Our first potluck had such extraordinary culinary creativity that it was a consensus ... please print out recipes (8 1/2 x 11" paper) to accompany the dishes, and Dottie will compile them in a book.

"My refusing to eat flesh occasioned an inconveniency, and I was frequently chided for my singularity, but, with this lighter repast, I made the greater progress, from greater clearness of head and quicker comprehension." Ben Franklin



Best wishes to our members and friends who have birthdays in March!

- 3—Shirley Stolley
- 5—Dave Vermillion
- 11—Marilyn Hansotia
- 14—Al Wittenkeller
- 18—Ellen Shahbazi
- 19—Dick Schultz
- 20—Tom Toerpe
- 21—Margie Bock
- 23—Gerhard Bernhard
- 24—Karen Eriksson
- 25—Lloyd Gerrits
- 26—Judy Wittenkeller
- 28—Phil Saperstein
- 31—Jacquie Polzin

Movies That Matter

Oscar-nominated documentary *Food, Inc.* will be shown **Tuesday, March 16 at 7 PM** at UUFDC.

The film examines large-scale agricultural food production in the U.S., concluding that the meat and vegetables produced by this type of economic enterprise have many hidden costs. The film is narrated by Michael Pollen (author of *The Omnivore's Dilemma*) and Eric Schlosser, two long-time critics of the industrial production of food. The documentary generated extensive controversy in that it was heavily criticized by large American corporations engaged in industrial food production.

Eco Solutions

By Lu Schilling

In The Natural Step for Sustainable Communities the second condition reads "Nature is not subject to increasing concentrations of substances produced by society." How much chemical accumulation in our bodies does it take to have an effect? Very little is known in answer

to that question.

Now we are documenting the industrial chemicals that are building up in our bodies, from grandparents to babies still in the womb. 212 industrial chemicals and pesticides banned more than 30 years ago were found in the placenta of newborns in 2004. These cause hormone, nerve, fertility and immune disruption as well as cancer. In 1976 the Chemical Industry managed to get 62,000 chemicals declared safe by a weak Toxic Substances Control Act. Another 20,000 have been added with little or no data to support their safety. 160 of these chemicals are found in women's make-up. Methylisothiazolinone is found in antimicrobial soaps for hands, dish and a number of personal care products. Kill bacteria? sure, along with causing nerve damage. Perfumes are synthetic chemicals and many are highly carcinogenic. They are in air fresheners, shampoos, deodorants and dryer cloths and are inhaled directly into our lungs or through skin contact. Besides damage to the nervous system they irritate the eyes, throat and lungs; some cause kidney and liver damage. Write your representatives and request :**The Kid-Safe Chemicals Act.**

Ref: www.ewg.org "10 Americans"(Environmental Working Group) Also see "Dirty Dozen" and "Clean 15" produce lists on the Potluck easel in the foyer.

Dianne Trenchard Joins UUFDC

My husband Peter and I moved to Sister Bay in 1983, where we own and operate Bay Ridge Golf Course. The business requires I do landscaping, merchandising, marketing, cooking and catering and occasionally operate a greens or fairway mower. In 1990 we built Cherry Hill Lodge and Golf Re-



sort in Sturgeon Bay. Cherry Hills included a fine dining restaurant, a 31 room lodge and an 18 hole golf course with a driving range. The most exciting aspects of the business were the 51 Gourmet Club dinners we presented, our Special Event Weekends in the winter and our great Sunday Brunch. We sold Cherry Hills in 2004 and "downsized" our lives.

We have a wonderful blended family that includes four married daughters and a son and six grand children ranging in age from 1-17. Our three youngest children graduated from Gibraltar.

I graduated from the University of Minnesota in 1965 with a degree in Communications, Journalism and Radio and Television Production. After a year with an ABC affiliate I enjoyed a graduate fellowship to produce the University of Minnesota Television Hour on public television. More recently I have dabbled in graduate courses in geography, urban planning and environmental studies; even learning how to burn a prairie.

Past activities have included serving five years as an elected Park Commissioner in Deerfield, Illinois, and five years on the Gibraltar School Board. I was on the Board of United Way of Door County for ten years, three as Campaign Chairman and am currently on the board of the Peninsula Music Festival. One of my most rewarding and challenging experiences was founding and leading the Asian Refugee Care Corporation, an Illinois non-profit, from 1976 to 1982. We were able to relocate and successfully acclimate an extended family of 23 Cambodian refugees.

I particularly enjoy travel, opera, music, gourmet cooking and photography and love to plan and organize parties and benefits. Hopefully, I can make a meaningful contribution to UUFDC and its very generous and thoughtful membership.



UU Update

Mailed Subscription: \$15 per year

Emailed Subscription: No charge

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Web page: uufdc.org

Sunday Services: 10:00 A.M.

UUFDC March Calendar of Events

For the most up-to-date calendar, please see our website: uufdc.org/calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 1-3 PM Mah Jongg Gallery open	2	3 1-3 PM Book Club "March" at Helene Di Iulio's	4	5 6 PM SRC Meat-less/ Dairy-less Pot- luck	6
7 10 AM SERVICE Estella Lauter 11-12:30 Gallery	8 1-3 PM Mah Jongg Gallery open	9 4 PM Governing Board	10 7 PM Phil Hansotia Dickinson Poetry Series	11	12	13
14 8:15 Choir rehl 10 AM SERVICE Louis Smolak 11-12:30 Gallery	15 1-3 PM Mah Jongg Gallery open	16 7 PM Movies that Matter "Food Inc"	17	18	19	20
21 8:15 Choir rehl 10 AM SERVICE Dr Fred Heide 11-12:30 Gallery	22 1-3 PM Mah Jongg Gallery open	23	24	25	26	27
28 10 AM SERVICE Ralph Bronner 11-12:30 Gallery						