

UU Update

May 2011

Volume 15, Issue 5



Our mission is to be a community of faith committed to the freedom of intellectual and spiritual inquiry and to the promotion of the worth and dignity of all persons, through service to its members, friends and the larger community.

May Sunday Services

May 1 – Rev. Phil Sweet

KEEPING THE SABBATH HOLY

The fourth commandment, "Remember the Sabbath Day", is not about worship; it's about work stoppage. It's about the refusal to let your life be defined by production and consumption, the endless pursuit of private well-being. Sabbath is an occasion for things in our life that have no productive value.

Phil Sweet is a long-time friend of UUFDC and a marvelous and insightful story-teller. He served as minister for Hope Church in Sturgeon Bay and two rural churches in western Minnesota.

Music: Gerri Friedberg, Katie Dahl, Rich Higdon
Service Leader: Cyndy Stiehl

May 8 – The Rev. Cynthia Johnson

MOTHERS: THE VIEW FROM GOOGLE EARTH

Let us honor mothers and motherhood this morning with loving hearts and clear vision. Let us open our hearts wide enough to celebrate all mothers in spite of their/our imperfections.

Cynthia Johnson, a retired Unitarian Universalist minister who served UU congregations in Texas and Oklahoma, joined UUFDC in 2000 when she and Al moved to Door County. Cynthia is active as an artist and a poet. She enjoys family and friends, nature, travel, and reading and writing.

Music: Gerri Friedberg and Anya Kopischke

May 15 – Rev. Joan Shiels

THEOLOGY IN THE MOVIES

If you think of the Biblical Moses, does he look like Charlton Heston? If you try to visualize the Ark of the Covenant, do you see the golden chest from *Raiders of the Lost Ark*? Many of us do because in modern times many people have acquired their theology at the movies. An examination of religion in popular film with an emphasis on three very influential theologians: Cecil B. DeMille, George

Lucas and Steven Spielberg

The Rev Joan Shiels is a frequent speaker and long-time friend of the Fellowship. She has an active wedding ministry in Door County and when she is not eating, sleeping, reading or working she is usually watching movies.

Music: Gerri Friedberg and vocal quartet: Cyndy Stiehl, Peggy Lott, Bob Lindahl, Alan Kopischke
Service Leader: Helene Dilulio

May 22 – Meg Vermillion

FACE TO FACE WITH A DEVELOPING COUNTRY

Traveling is always stimulating and interesting. But what about "living" the experience? Especially when we come from a country that has so much.

A retired social worker, Meg Vermillion has been a Member of UUFDC for 10 years and is responsible for starting the Social Responsibility Committee. Her love of alternative travel has taken her on six volunteer trips, from First Nation reservations in the US to Peru and Tanzania.

Service Leader: Alan Kopischke

May 29 – Gigi Pomerantz

HAITI: ECOLOGICAL DEVELOPMENT BEFORE AND AFTER THE EARTHQUAKE

Haiti, once the richest colony in the Western Hemisphere, has been decimated by institutional racism and ecological degradation. Hear how one small Wisconsin based non-profit is making an impact in rural Haiti to protect health and repair the environment.

Gigi Pomerantz is the founder of Youthaiti, a non-profit group dedicated to supporting and encouraging youth-led ecological development in sanitation, hygiene and agriculture in rural Haiti. A mother of two adult daughters, Gigi brings a deep belief in our responsibility to repair the world to all the work that she does.

Music: Ellen Shahbazi, UU Choir with Evan Board, flute
Service Leader: Bob Lindahl

Visit our website: uufdc.org.

Services are Sundays at 10:00 am at 10431 Water Street (Hwy 42) north of Ephraim.
Listen to or download Sunday sermons on our website uufdc.org.

GOVERNING BOARD

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President's Report

By Cyndy Stiehl



Dear Members and Friends of UUFDC,

Your Governing Board met on April 12 to do the business of the Fellowship. We are beginning to plan for our Annual Meeting so mark your calendars for June 12, immediately after the service. It is a time when we honor those who have served and elect others who will provide volunteer service to UUFDC. Please attend.

Two presentations were welcomed at the meeting. First, the Nominating Committee—Carrie Link and Rich Delcarson, (Diane Morgan was absent)—attended to discuss their work to find volunteers to serve on the Board and other committees. I encourage all members and friends to increase your time commitment to UUFDC or make yourselves available to perform tasks that are regularly needed. Everyone can do something in this vital and active organization. Please contact Diane, Carrie or Rich with your ideas. Please consider and volunteer.

Our other guest was Meg Vermillion who described her work to bring Tanzanian singing group, *Imuka*, to the Door Community Auditorium in July. She will come to you with requests for housing and local transportation. What a wonderful opportunity to broaden our horizons by supporting these people.

Bob Lindahl reported on the showings of our Koessl building and will keep us updated. Thank you for your patient work.

Spring! I want spring! Snow is predicted as I write this but my mind and thoughts are on budding trees, daffodils, and bright sunshine warming the waters for boating and swimming. Spring is a process in Door County that cannot be hurried; a metaphor for life as I understand it. The same is true for UUFDC. The Board processes the information that comes to us and we endeavor to make

decisions in the best interest of all. Work on the Board is fulfilling and gratifying. Thanks go to our wonderful Board.

Social Responsibility Committee Report

By Bob Lindahl

Immigration: Partners in Justice

Our Justice Sunday service, with attorney Luca Lopes Fagundes as speaker, was a real time for reflection and celebration, as well as a call to action. As a result of the Conversation Partners Program, nine Hispanic adults and three preschoolers joined us in attendance! Other guests included staff from NWTC, Witness for Peace and the Hispanic Resource Center.

There are currently 13 Hispanics and one Afghani participating in the Conversation Partners program with Anglo partners: nine from UU and five from the community. *As a result of the service*, there are currently two more Hispanic requests for partners. A big thanks to Jami Hanreddy for leading monthly training sessions for Anglo partners. *Many have expressed that this program is vital, not only in building language skills, but also in building the trust and understanding with our fine neighbors; a goal treasured by all.*

The SRC will continue to explore ways to work with the immigrant community to *"affirm the inherent worth and dignity of every person, and promote justice, equity and compassion in human relations."* Quoted from *UU Principles*.

Opportunities for International Relief

The SRC voted to send this quarter's contribution of \$300 to the UUSC for Japan Disaster Relief. Members and friends can elect to augment this gift by going to the UUA or UUSC websites.

Our speaker on May 29 will be Gigi Pomerantz, Founder of Youth Haiti, an organization dedicated to helping young Haitians learn about and develop sanitation and water resource protection, as well as promoting community gardening and

Poetry and Music at Dickinson Evening

The Dickinson Poetry Series on May 11, combines poetry and music.

The musical duo of Bruce Dethlefsen and Bill Orth perform as *Obvious Dog*. They play background for Cathryn Cofell's poetry reading from her compact disc, *Lips*. The program begins at 7 pm.

Cofell is author of five chapbooks. Her poetry and essays have been published internationally. Among awards she has received the John Lehman Poetry Prize from Wisconsin People & Ideas, the WI Academy Outstanding Poem Award for two consecutive years, the Jade Ring from the Wisconsin Regional Writers Association, and numerous Pushcart Prize nominations. Her chapbook, *Kamikaze Commotion* (Parallel Press) is being "taught" at the University of Wisconsin-Green Bay.

Obvious Dog has been playing original blues and jazz music together since 2001. Dethlefsen, from Westfield, Wisconsin, sings, plays bass guitar, harmonica, and percussion. He is also the current Poet Laureate of Wisconsin. Orth, Human Services Director for Sauk County, Wisconsin, sings and plays guitar and bass.

Cofell's presentation will be followed by an open mic period. The evening promises to be entertaining and lively and should not be missed.



unbiased as possible, delivering a clear and concise message to the world.

Food Matters is sure to provoke some lively post-screening discussion as we share a meal together.

Imuka Rises Up!

By Meg Vermillion

As many of you know, I volunteered in Tanzania last summer. We installed water collection systems and dug the foundation of a medical clinic. One evening, a local music group, *Imuka*, performed for us. The singers returned several more times, rehearsing in our back yard. I learned they were trying to make their way to the Midwest for their first U.S. tour. The Director of our project was their tie in St. Paul. I was so addressed by what I saw in Africa that I promised, if *Imuka* got to St. Paul, I would get them to Door County. I have kept my promise!

Mark your calendar: Saturday, July 9, 7:30 pm at the Door County Auditorium. Traditional, cultural, patriotic music and dance will be performed using rare singing techniques, drumming and hand instruments. *Imuka's* performance will be suited for all ages. Ticket prices are family friendly. All proceeds go back with *Imuka* to Tanzania to be invested in sustainable economic projects.

The singers will need to be home-hosted. Anyone who enjoys other cultures will find this an educational and social experience. Please contact me if you are willing to host or assist at the auditorium the evening of the performance. Most important is to consider this an evening we don't often have the opportunity to experience. Come not only for yourself but bring friends or family members that are visiting. Thank you in advance for your support of this event!

Salama
(Peace in Swahili)

Movies That Matter: *Food Matters*

By Lu Schilling

Let thy Food be thy Medicine and thy Medicine be thy Food. – Hippocrates.

That is the message from the founding father of modern medicine echoed in the controversial new documentary film *Food Matters* which will be shown on Tuesday, May 17 at 4:30 pm in the Fellowship.

With nutritionally-depleted foods, chemical additives and our tendency to rely upon pharmaceutical drugs to treat what's wrong with our malnourished bodies, it's no wonder that modern society is getting sicker. *Food Matters* sets about uncovering the trillion dollar worldwide 'sickness industry' and gives people some scientifically verifiable solutions for overcoming illness naturally.

"With access to better information people invariably make better choices for their health..."

In what promises to be the most contentious idea put forward, the filmmakers, James Colquhoun and Laurentine ten Bosch, have interviewed several leading experts in nutrition and natural healing who claim that not only are we harming our bodies with improper nutrition, but that the right kind of foods, supplements and detoxification can be used to treat chronic illnesses as fatal as terminally diagnosed cancer.

The focus of the film is in helping us rethink the belief systems fed to us by our modern medical and health care establishments. The interviewees point out that not every problem requires costly, major medical attention and reveal many alternative therapies that can be more effective, more economical, less harmful and less invasive than conventional medical treatments. The *Food Matters* duo has independently funded the film from start to finish in order to remain as

Buildings and Grounds

Our landscaper, Peter Witt, has begun work again in our beautiful gardens. Peter always welcomes volunteers to help with his efforts *and* volunteer assistance saves the Fellowship in gardening costs. Come to help anytime on Friday mornings between 7:00 am and noon. Prepare to learn a lot from Peter in the process!

Choir Notes

Happy Spring! We want to welcome new choir members Cari Lewis McMahon, Meg Vermillion and Betsy Warren to the UUFDC choir. All three women represent different facets of our congregation. Cari is a Friend of the Fellowship, Meg is a long-time Member, and Betsy is a new Member, having joined the Fellowship a few months ago. We're pleased to have all of them joining us.

There has also been a welcome change in the time that rehearsals begin. Sunday choir rehearsals will now begin at 8:30 am, when we will be "all in our places, with bright, shiny faces." For more information about the choir, please call Carol Soper 854-9653, or pcsoper69@gmail.com.

Meeting Notice

The annual UUA General Assembly will meet in Charlotte, N.C. June 22-26, 2011. Anyone interested in attending as the UUFDC delegate, please see Cyndy Stiehl. There is money available in our budget to help with expenses.

All UU Women Invited to Attend Singing Workshop

Karen Cruz and Joan Shiels issue a special invitation to all UUFDC women to attend a weekend singing workshop in Sturgeon Bay this June. Joan and Karen are members of the Circle Singers, an acapella singing group that brings care and comfort



On Sunday, March 27, poets and poetry lovers gathered to celebrate the publication of *Memory Keepers*, a collection of poems from the UU monthly Dickinson Series. Poets who are featured in the book (from left to right) include: Gary Jones, Jack Redell, Caleb Whitney, Katie Schnorr, Nancy Rafal, Sharon Auberle, Barbara Larsen, Brandon Bogenschütz, and Ralph Murre. *Memory Keepers* is available in the UU foyer for just \$10. Proceeds support the Dickinson Series and other UUFDC programs.

Dollars and \$ense

by Juliana Neuman, Treasurer
FINANCIAL SUMMARY – July 2010 thru March 2011

<u>Income</u>		<u>Expenses</u>		
	Pledges	58,673	Program/Music	11,886
	Donations	2,781	Memorial Services	300
	Offering	7,347	Administration	13,920
	Space Use	5,777	Committees	
2,494			Publicity/Website	3,631
	Fundraising	1,264	UUA Dues	5,288
	Investments	1,351	Maintenance	13,322
	Other	<u>539</u>	Insurance	3,186
	Total	77,732	Interest on Loan	11,353
			Property Tax	1,310
			Utilities	<u>5,620</u>
			Total	72,310

The Bottom Line: \$5,422

The proposed budget for the next fiscal year will require a 12% increase in pledge/contribution income, with new pledges expected to make up a portion of this in-

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Adult Education and Enrichment



The Power of Meditation

Taught by UUFDC Member Myrna Cohn, PhD

Tuesday, May 10, 1-3

What is Meditation? Why Meditate?

Learn and Practice Concentration and Breathing Techniques

Tuesday, May 17, 1-3 *Mindfulness and the Body*

Sign up at UU or contact helenediuh@hotmail.com

Winzenz Gallery Talk

UUFDC Member Karon Winzenz's exhibition titled *Cross Cultural Dialogs*, will be featured in the UU Gallery June 4 through June 29. She will give a slide-talk Thursday evening June 16 from 7 – 9 pm on her artistic journey and the influences of other cultures and their world-views on her work. Free. Open to the public.



Rabbi Jay Brickman to resume Bible Discussions

Beginning July 9 and continuing every Saturday morning through August, Rabbi Jay Brickman will lead discussions of the Old Testament at the Fellowship.

The sessions, which are open to the community, will be held from 10-11:30 am. Rabbi Brickman has led this popular class every summer for more than a decade. He uses lots of humor mingled with his vast knowledge and understanding of the books of the Old Testament.

Registration is not necessary. There is no fee. It is helpful to bring a Bible, but there are several available to borrow.

Rabbi Brickman and his wife Rita are summer residents of Baileys Harbor. He is a frequent seasonal speaker at the Fellowship.

→ WORKSHOP CONTINUED FROM PAGE 4

to people on the threshold of life, Pain, and grief. The Circle Singers Sturgeon Bay is hosting the second Great Lakes Threshold Choir Gathering on June 24-26, 2011. No singing experience is required. There is a \$25 fee for the workshop. For more information go to www.hopechurchdc.org/node/473

Religion and Homosexuality Explored in Film

On Sunday May 1, at 2:00 pm, the award-winning film *For The Bible Tells Me So* will be shown at the Fellowship. This documentary explores the intersection between religion and homosexuality in the United States and how some interpretations of the Bible stigmatize the gay community. This event is co-sponsored by PFLAG of Door County and UUFDC.

Highway Cleanup

There are signs of new life all over in this beautiful place. Help other UU's *further* beautify by volunteering for our first Highway Cleanup of the season. On Wednesday May 18, start at 9:00 am at Bob Lindahl's, 12490 Timberline Rd, Gills Rock, for refreshments and then proceed to our 2 mile territory just north of Ellison Bay. You'll be finished by 11:00 am!

Save the Date

UUFDC Annual Meeting is scheduled for Sunday, June 12, immediately following services. Mark your calendars now!

Book Club News

The UU Book Club will meet to discuss *Lacuna: A Novel*, by Barbara Kingsolver on May 4th at 1:30 pm at UU, hosted and moderated by Cynthia Taubert.

Please contact Cynthia at 854-7108 or cynthiataubert@yahoo.com regarding your attendance.

In June, a discussion of *The Secret River* by Kate Grenville will be held on June 1st, hosted and moderated by Karon Winzenz at her home. Please contact her at winzenzk@msn.com or 920-823-2189 if you plan to attend. Written in 2005, *The Secret River* is historical fiction centered on William Thornhill, a petty criminal who in 1806 is sentenced in England and banished to Australia with his family. The story explores what happened when Europeans colonized land already inhabited by Aboriginal people and the various interactions that ranged from brutal depravity and slaughter, to acceptance, compassion, and even co-habitation.

→ SRC CONTINUED FROM PAGE 2

reforestation efforts. The Social Responsibility Committee designated a quarterly contribution on behalf of the Fellowship about a year ago. There will be an opportunity at the service for individuals to provide additional support to this fine organization.

Barbara Pfeifer,

a long-time member of UUFDC, died at age 94, on March 25, at Scandia Village where she resided with her husband Ray.

Barbara and Ray moved to Door County in 1978. They joined the UU Fellowship July 1, 2007, having been previous members of Hope Church in Sturgeon Bay. A private memorial service will be scheduled at a later date. Online condolences may be offered at casper-sonfuneralhome.com.

Memorial contributions may be given to Good Samaritan Scandia Village, 10560 Applewood Road. Sister Bay, WI 54234.



UU Update

Mailed Subscription: \$15 per year

Emailed Subscription: No charge

Unitarian Universalist Fellowship
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Sunday Services: 10:00 am

UUFDC May Calendar of Events

For the most up-to-date calendar, please see our website: uufdc.org/calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10 AM SERVICE Rev. Phil Sweet 2 PM PFLAG MOVIE 11-12:30 Gallery	2	3 Conversation Partners 10:00 am	4 Book Group 1:30 pm 1-3 PM Gallery 7 pm U-Night	5	6 Landscape with Peter 7 am-noon 1-3 PM Gallery	7
8 10 AM SERVICE Rev. Cynthia Johnson 11-12:30 Gallery	9 1-3 PM Mah Jongg 1-3 PM Gallery	10 1:00 pm The Power of Meditation 4 pm Governing Board	11 1-3 PM Gallery 7 pm Dickinson Poetry Cathryn Cofell Obvious Dog	12	13 Landscape with Peter 7 am-noon 1-3 PM Gallery	14
15 8:30 Choir Rehr 10 AM SERVICE Rev. Joan Shields 11-12:30 Gallery	16 1-3 PM Mah Jongg 1-3 PM Gallery	17 1:00 pm The Power of Meditation 4:30 pm Movies That Matter Food Matters	18 1-3 PM Gallery 7 pm U-Night	19	20 Landscape with Peter 7 am-noon 1-3 PM Gallery	21
22 10 AM SERVICE Meg Vermillion 11-12:30 Gallery	23 1-3 PM Mah Jongg 1-3 PM Gallery	24	25 1-3 PM Gallery 7 pm U-Night	26	27 Landscape with Peter 7 am-noon 1-3 PM Gallery	28
29 8:30 Choir Rehr 10 AM SERVICE Gigi Pomerantz 11-12:30 Gallery	30 1-3 PM Mah Jongg 1-3 PM Gallery	31	<p><i>Happy Birthday to our Members and Friends Celebrating in May:</i> 1 — Martha Judd; 2 — Olivia Toerpe; 3 — Nancy Brown; 4 — Henry Timm; 5—Terry Goode; 6—Cynthia Oliver; 7—Jane Delcarson; 8—Cynthia Johnson.</p> 			