OCT. 2026 Volume 30, Issue 10

UU Update

UNITARIAN UNIVERSALIST FELLOWSHIP OF DOOR COUNTY

An Open Door to Understanding, Compassion, and Justice

Upcoming October Services

10AM EVERY SUNDAY—10341 WATER ST. HWY 42—EPHRAIM

THE SERVICES WILL ALSO BE AVAILABLE TO WATCH ONLINE ON OUR YOUTUBE PAGE, LINKED HERE:
https://www.youtube.com/@unitarianuniversalistfello6046/streams

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Sunday, October 4th, 10AM

Terry Goode

The Importance of the Ontological Argument

Sunday, October 11th, 10AM

Estella Lauter

"Love is as love does."

Sunday, October 18th, 10AM

Martha Marvel

The Journey of a Transgender Soul… Despite…

Sunday, October 25th, 10AM

Cindy Winkler

Rounding Third Base and Heading Home:

A personal journey on facing my own death

SUNDAY, October 4, 10AM with Terry Goode - *The Importance of the Ontological Argument*

The Ontological Argument for the existence of God is familiar to all in the Western Christian tradition. God exists because the being than whom no greater can be conceived must exist or it wouldn't be the greatest! St. Anselm argued this almost 1,000 years ago. Terry thinks it is the most important argument in philosophy in the last 1,000 years! But not for reasons you might think. Anselm had no idea what he unleashed!

Join Terry for a tour of Western philosophical thought about the argument, highlighting the use of reason (rather than experience) to achieve results, and focusing on the criticisms of the argument, all of which made important logical not theological points. The Ontological Argument is more important for its contribution to logic than to theology. The logical criticisms moved philosophy forward in progressive ways that are still important today.

T**erry Goode** taught philosophy at the University of South Carolina, UW-Fox Valley, and UW-Oshkosh. He regularly teaches in Door County for the Clearing in the winter and Björklunden in the summer. He has spoken frequently at the UUFDC, and served the Fellowship on the Program, Communications, Finance, and Building & Grounds committees. Terry and his wife, Pam, live in Baileys Harbor, and support many Door County organizations.

Service Leader: Bob Lindahl Piano: Jason Palmer

SUNDAY, October 11, 10AM with Estella Lauter - *"Love is as love does."*

What is love? Does it matter how we define it? In All About Love (2000), the feminist scholar and cultural critic bell hooks defines it as the intent and accompanying action to ensure one's own and another's ability to thrive. It involves open and honest expression of care, affection, responsibility, respect, commitment and trust.

Estella Lauter, UW Professor Emerita, will explore some differences this idea makes in traditional ways of understanding love. She engaged in Women's Studies at UW Green Bay, UW Oshkosh and UW Madison from 1977–2003 and published two books in the field: *Women As Mythmakers* (Indiana) and *Feminist Archetypal Theory* (Tennessee).

In retirement, she offered classes on women writers in the Clearing winter program.

Service Leader: Carrie Link Piano: Carol Boyd

SUNDAY, October 18, 10AM with Martha Marvel

The Journey of a Transgender Soul… Despite…

This talk is a personal and heartfelt reflection by a transgender person, on identity, resilience in the face of attacks, miss and disinformation, faith, and the ongoing courage to trust in God's guidance and love. Through stories, reflections, lived experiences, and a willingness to say "yes" amid both challenge and joy, this talk explores the grace found in living authentically. Inspired by Pope Francis's invitation to remain open to "God's surprises," the presentation considers the creative resilience needed to meet negativity and adversity with hope, compassion, and courage. It also reflects on the importance of finding one's tribe—building communities of care, service, belonging, and mutual support—where every person can be seen, valued, and welcomed.

Martha Marvel is a respected transgender community leader, a person of faith, retired, service provider and passionate advocate for transgender rights and inclusion. She is the founder of the (Green) Bay Area Council on Gender Diversity and organization whose mission is to "Provide support, education, and advocacy for transgender persons, their families and allies." With decades of experience and a heartfelt commitment, Martha offers unique insights and inspiring stories that foster understanding and acceptance.

Service Leader: Tim Guiden Piano: Beth Coleman

SUNDAY, October 25, 10AM with Cindy Winkler

Rounding Third Base and Heading Home: A personal journey on facing my own death

I'd like to share what I have experienced, along with several personal thoughts, about preparing for one's own death. As a culture, we are often very quiet about dying and can find ourselves ill-equipped to face our own death. I believe the more open and honest we are with our loved ones about our dying— our wishes, desires, our medical wants and limitations, and especially sharing meaningful communication with family members— the more fully we can live!

Cindy Winkler grew up in Northeast Ohio. Three years ago, she moved to Door County to be closer to her daughter and her family, who own Woodwalk. Cindy is a proud mom of three grown children and a grandmother to six. She holds a master's degree in School Guidance and worked as a high school counselor. Cindy likes feeding birds, kayaking, working outdoors, and playing pickleball, but what she enjoys most is watching her family grow and supporting them.

Service Leader: Jan Frystak Piano: Trish Black

A Message from the Board: Exploration in Progress

Mindful of the ever-changing digital realities of our world, the Board has created a **Monitors/Screens Task Force to explore options for hymnal and other displays during services in the sanctuary.**

Jim Black is heading up the task force, which will be gathering information over the next few months. Initial findings will be shared with the Board, and brought to the Fellowship at some point in the future.

UPCOMING SUNDAY SERVICE SPEAKERS	
November 1, 2026	**Jan Frystak**
November 8, 2026	**Rev. Joan Shiels**
November 15, 2026	**Rev. Dawn Volpe**
November 22, 2026	**Katie Dahl**
November 29, 2026	**Food & Fellowship 5th Sunday**
December 6, 2026	**Jeff Pearcy**
December 13, 2026	**Rev. Karon Sandberg**
December 20, 2026, 4PM	**Rev. Dawn Volpe - Solstice Service**

New to UUFDC?

Join our mailing list by sending a request to contact@uufdc.org

Welcome

Website: uufdc.org,
Facebook: facebook.com/uufdc

Our Mission

Guided by the Seven Principles of Unitarian Universalism, our Door County Fellowship:

- *Celebrates diverse beliefs*
- *Inspires spiritual growth, intellectual inquiry, and creative expression*
- *Cares actively for the wellbeing of its Fellowship family and the larger community*
- *Practices conscientious stewardship of the earth upon which all life depends*
- *Pursues equality and justice for all people*

Governing Board Officers

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Beth Coleman
president@uufdc.org
Vice President
Liz Hansen
Treasurer
Karl Wise
Secretary
Cindy Nelson
At-Large Directors
Anna Knapp
Joe Graboyes
Nora Flood

For contact information view our Fellowship Directory. Need the password? Email contact@uufdc.org

October's President's Corner

This past week, as we've cycled through the Autumn Equinox and Harvest full moon, I've been reflecting on passages from Joan Shiel's insightful message for our 30th Anniversary celebration service. She was kind enough to share a copy, and her words have been cropping up in my thoughts, as I consider all the life cycles and challenges of this Fellowship:

"…From the outside UUFDC should not work. A religion without rigid doctrine. A congregation without clergy. A community filled with independent-minded people who have strong opinions and excellent vocabularies….

And yet it works. Not perfectly. No human enterprise works perfectly. But it works beautifully enough that people keep returning. Year after year. And I think I know why. I think it's because underneath all the intellectual freedom and democratic process and nuanced discussion there is something very old and very human happening here: People are taking care of one another. That's it. That's the whole thing. Human beings gathering regularly to remind each other: You are not alone."

I see Joan's message coming to life with the overflow attendance at many summer services this year, as we gather afterwards for coffee and conversation, as the Caring Committee meets to make connection with members, as the BUUK Club and Dickinson Poetry Series open us to discussion and discovery, as the Social Justice Committee carts yet another huge tub of groceries to the food pantry, and our Third Sunday offerings are sent out into the larger community. Something real and profound truly does connect and keeps us here.

Joan's words opened our recent Board meeting, and guided our Board retreat where we envisioned ways to strengthen bonds between the Board and committees, and deepen relationships with new Friends and Members.

And I was delighted to see this notion of cultivating a culture of conscious care also crop up in this week's Peninsula Pulse with Eleanor Corbin's article "Potluck Power." She highlighted Caring Coordinator Jennifer Sherman's monthly Blue Zone Potlucks that welcome the Door County community to experience plant-based, whole food dishes. And our 5th Sunday potlucks also got a nod, as she quoted my observation, "It just feels like when people gather around a meal, something special really happens.... There is something meaningful when people take the time to make something and they consciously share it."

The beauty of UUFDC is that for 30 years people have showed up—whether for food or fellowship—to consciously create something meaningful and share this very vital reminder: "You are not alone." So I invite you to continue to show up and share your much-needed talents and time--they make a difference. And may we continue to move forward with this vision of deep care and connection, and the belief that as an engaged community we make a difference for one another, and for our larger world.

May it be so.

Blessings, Beth

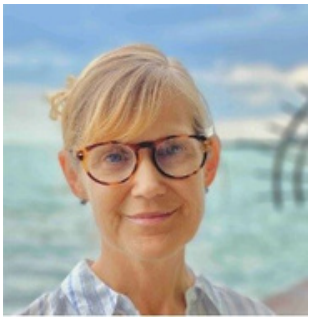
MONTHLY OPPORTUNITIES TO GATHER AROUND THE TABLE & CONNECT

Coffee & Conversation is open to everyone. Come when you can, drop in as you are, and see what the morning brings.

We gather on the **1st and 3rd Thursdays of each month, from 9:30–11AM**, in the back meeting room of our building. Coffee and snacks are provided. Each gathering includes a topic for discussion—sometimes light and rooted in everyday experience, other times more reflective, inviting us to pause, share, and explore the deeper currents of our lives. Our July gatherings will be held on **Thursday, October 1 and Thursday, October 15.**

Jennifer Sherman Hosting Monthly Blue Zone Potlucks at UUFDC! - Monday, Oct. 12th!

5:00PM–Doors open|5:15PM–Brief nutrition presentation|5:30–5:45PM–Dinner & community time



Join Jennifer Sherman at UUFDC for a monthly Blue Zones / Whole Food Plant-Based Pot-luck, inspired by the longevity principles shared by Dan Buettner and the global communities featured in Blue Zones.

We are gathering on the 2nd Monday of each month to share nourishing food, practical nutrition insights, and meaningful connection.

Please bring a whole food, plant-based dish to share — focused on vegetables, fruits, whole grains, beans, lentils, nuts, and seeds. Recipes should aspire to be free of meat, dairy, eggs, and highly processed ingredients.

Dickinson Poetry Reading - Wed. Oct. 14, 7PM at UUFDC

The evening's featured reader, Stephanie Trenchard, is a poet, painter and sculptor currently living in Sturgeon Bay, Wisconsin, where she co-established a hot glass studio in 1997. Trenchard holds a BFA in painting from Illinois State University. She is known for her cast glass sculptures that focus on women artists from the twentieth century, the creative process and nature. She carries these themes into her poetry and painting as well. Treating each medium—glass, paint and poetry—as a form, or even as a constraint, into which she pours her concepts. Within both if the mediums of glass and painting she has created her own vernacular of technique, creating her own language. It stands to reason that within her poetry she is often drawn to the use of constraints; she finds it freeing to work within form.

Her glass works are in the permanent collections of multiple museums, including the Museum of Wisconsin Art & Bergstrom Mahler Museum of Glass, as well as in many fine corporate and private collections. She has taught her technique at such institutions as Corning Museum of Glass School, (New York), Pratt Fine Arts Center (Seattle), Richter School (Amsterdam), Bangkok Glass Center (Thailand) and other universities. Her poetry can be found in After Hours (Sprint 2025), The Write Launch, Beyond Words Magazine, Black Fox Literary Magazine, and others. She is involved with a weekly Writer's Night that encourages original works and a member of the Unabridged Poetry Group.

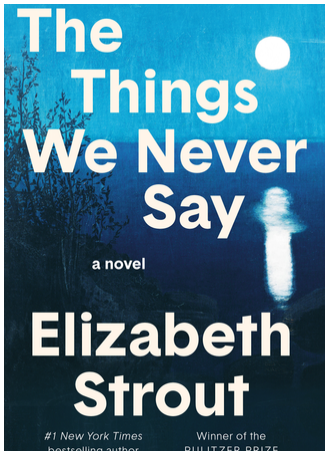
On the SECOND Wednesday of every month, the Dickinson Poetry Series features a renowned local or regional poet followed by an open mic, providing an opportunity for others to read their poetry. A reception follows, affording an opportunity to meet the poets. Coordinated by Peggy Lott.

In Our UU Art Gallery:
Paintings and mixed media works
by Adam Fulwiler

Exhibited from October 4 to November 29.

Adam illuminates, "Spatial relationships and potential meanings seem to shift with every glance, suggestive of my own experiences reading imaginative and poetic writers..." His abstract work is vibrant and engaging. Currently, he is the director of the Hardy Gallery in Ephraim, WI.

"Untitled (Stack 14)"
Acrylic, watercolor, colored pencil, spray paint, and canvas on paper.



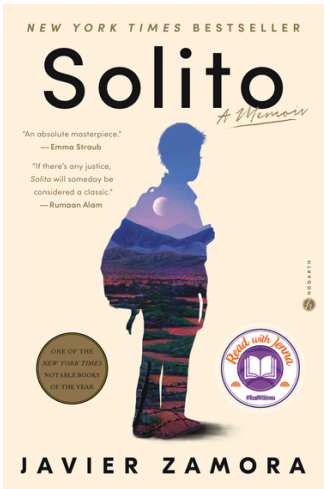
BUUK Club: October Meeting - Coordinated by Lynn Mercurio

On Wednesday, October 7, at UUFDC we will meet to discuss

***The Things We Never Say* by Elizabeth Strout.**

A short read that is bound to engage UUs.

Learn more about the book at this GoodReads link.



November BUUK Meeting - Coordinated by Lynn Mercurio

On Wednesday, November 4, at UUFDC we will meet to discuss

***Solito* by Javier Zamora.**

A true story based on Zamora's real-life migration from El Salvador to the United States in 1999, when he was nine years old.

Learn more about the book at this GoodReads link.

SOCIAL JUSTICE COMMITTEE – "WE'RE WONDERING . . . . "

(A gathering information survey)

1. What do you think about when you hear the words "social justice"?

2. Here are 8 activities that the SJC has coordinated in the past year. (***See back for further description***.) Circle those that you would like to see continued.

Food Pantry

UUFDC Social Justice Scholarship

Thanksgiving Dinners

Loaves and Fishes Desserts

Holiday StockingTree

Festival Sponsorship/ Events

Community Outreach Team

WALK TO END ALZHEIMER'S

3. What new ideas, new issues, or new projects would you like to see our Fellowship engaged in?

4. We will compile the results and in late October share what Members and Friends most want this Fellowship to be involved in. At that time we will be needing volunteers to step up to lead and/or help. It can be fun, it can feel good, and it is something we can do. Your input is important!

Thank you,
Jane and Cindy

(Please return your survey to the box on the counter or email your answers to contact@uufdc.org, by October 11.)

ACTIVITY DESCRIPTIONS (And how you might become involved!)

Food Pantry
Our Members and Friends are great volunteers in donating the food! The other part of it is moving the food from the UU to the Door of Life pantry just north of us. We do this once each week on a day after the Sunday service. You can help with the moving – maybe take a month, or share a month with a friend.

UUFDC Social Justice Scholarship
A $3000 scholarship is given to a graduating Door County senior who has been involved in social justice. This activity spans from late October through early June. You will have a mentor to help you. It is nice, but not necessary, to have two people work together on this.

Thanksgiving Dinners
This is a November project that ends just before Thanksgiving Day. Two to four people working together would find this easy to manage. Food and funds are collected starting in early November, food is boxed up, turkeys are bought and collected from the Pig, and dinner items are delivered to the recipients, or to a location where the recipients may pick them up.

Holiday Stocking Tree
Over the years, we have had mitten trees, coat trees and last year we did personal care items. One or more recipient organizations are chosen to receive gifts that the fellowship places under our holiday tree. The time frame is the beginning of December with delivery of items before Christmas Day. Two people coordinating and advertising are needed.

Loaves and Fishes
Twice each year, usually in May and December, volunteers bake and deliver dessert bars to Stella Maris Catholic Church in Sister Bay. Perfect opportunity for one person to take on this easy project

Festival Sponsorship and Events
We support, with funds and volunteers, events such as the Open Door Pride Festival and the Juneteenth celebration in Sturgeon Bay. A team of 3 - 4 to coordinate our participation would be helpful.

Community Outreach Team
Team members (Cyndy Stiehl, Nora Flood, Jane Wise) manage this fiscal year-long project. Tasks include determining the community organizations who will share our Third Sunday collections, and keeping the Fellowship informed about progress and events happening throughout the year. Final collection checks are presented in September.

Walk to End Alzheimer's
Two volunteers work with the Director of the Walk to End Alzheimer's (WI Chapter) to set up a walk, and to engage and recruit people to participate in walking, and in donating to fund research and support services for those who are affected by this disease. The walk is in September.

Do you see yourself in one of these roles?
Volunteer sign up coming soon! Questions?
Contact Jane Wise or Cindy Nelson

Rev. Mark Richards shares:

Happy October Birthday to: 2 Bob Lindahl; 4 Ruth Budic; 8 Judy Brodd; 12 Trish Black; 18 Joe Hanreddy; 21 Bob Dowling; 25 Al Johnson; 31 Ken Boyd.

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 AM Coffee & Convo. Hosted by Caring Comm.	2	3
4 10AM Sunday Service Terry Goode	5	6	7 10AM BUUK Talk	8	9	10
11 10AM Sunday Service Estella Lauter	12 5PM Blue Zone Potluck	13	14 7PM Dickinson Poetry Reading	15 9:30 AM Coffee & Convo. Hosted by Caring Comm.	16	17
18 10AM Sunday Service Martha Marvel	19	20	21	22 Luminary Walk @ Sturg. YMCA	23	24
25 10AM Sunday Service Cindy Winkler	26	27	28 6PM Board Meeting on Zoom	29	30	31